

Labor Day at Oak Hammock



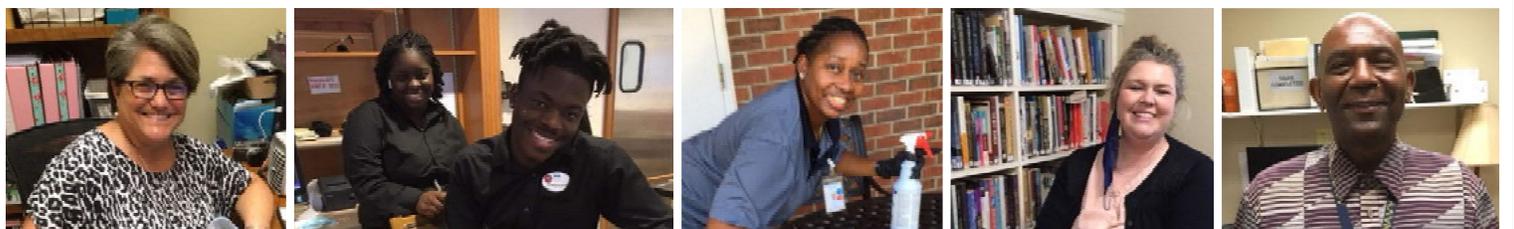
-Bonnie Umphreys, photos

Labor Day at Oak Hammock

As we celebrate Labor Day each year, we often forget about the number of people that actually work at Oak Hammock to make our lives pleasant, safe, and productive. The organizational chart on page 2 will give you an idea of the number of departments involved in our community and the number of people it takes to staff this organization. In each department, people labor to make our lives pleasant and keep Oak Hammock running smoothly. We are, indeed, fortunate to have that many individuals as part of our community and on this Labor Day give an extra word of thanks for their endeavors. THANK YOU, OAK HAMMOCK EMPLOYEES!

- Barbara Herbstman

We
 welcome
 new CEO
**Kevin
 Ahmadi**
 to the Oak
 Hammock
 Family!



From Left: Julie Ann Ariet; Tanasha Williams and Daquonn Walker; Keisha Jones; Lara Wilson; Kenneth Curry

- Kathryn Clark, photos



From Left: Eric Colomer-Rodriguez; Kendrick Scott and Demetrick Jenkins; Patrick Eckhart; Sheryl Tyler; Thora Johnson; Keith Langley, Jon Weisburg, Mike Newton
 - Kathryn Clark, photos

Labor Day Honors

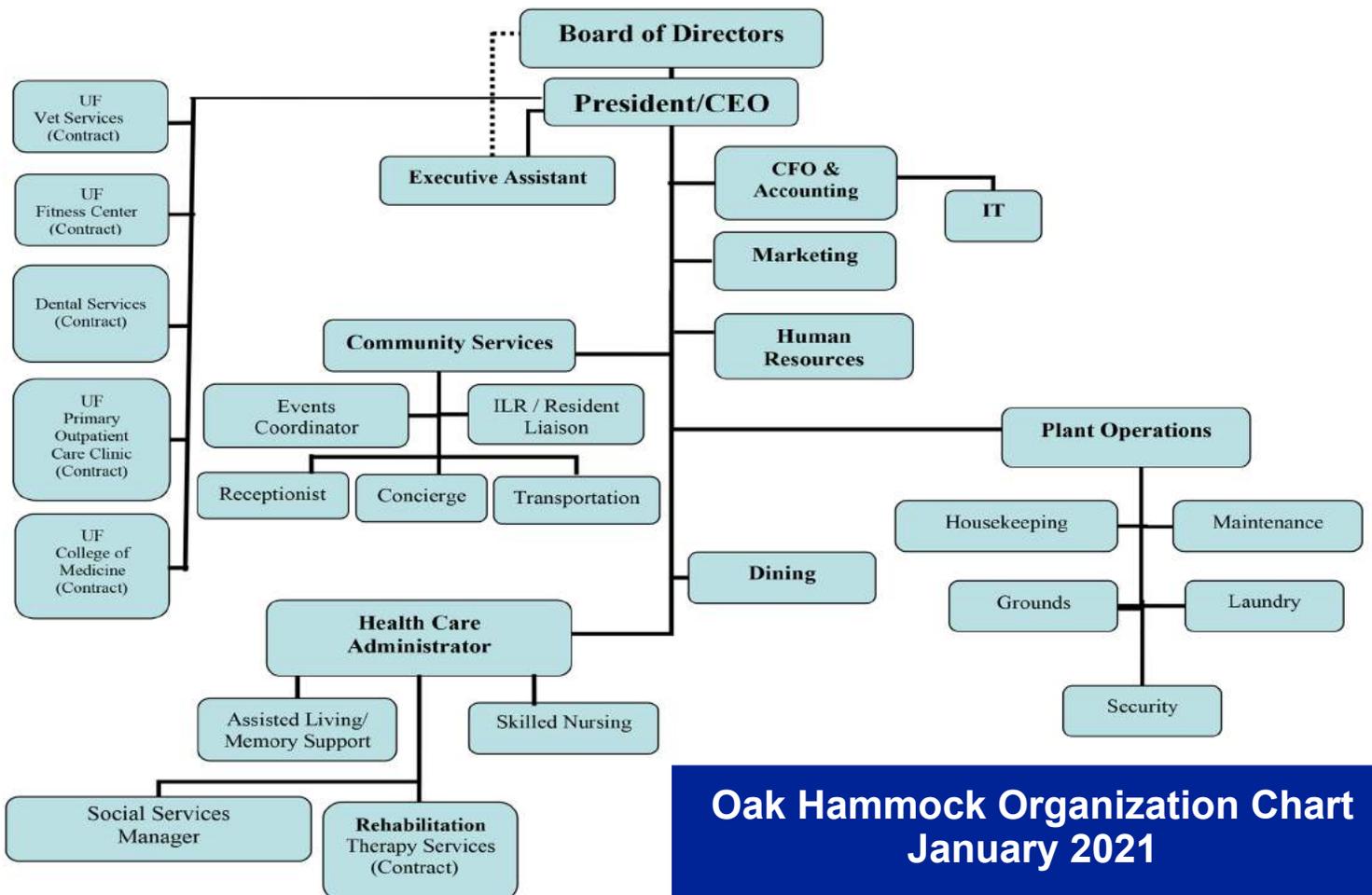
All Oak Hammock employees deserve kudos! Today, we focus on these helpful people:

Susan, Community Services Lead Receptionist, is the jewel of Oak Hammock. She is always willing to help everybody, resident or guest alike. Friendly, knowledgeable, and good-natured, a winning combination for Oak Hammock.

May, Plant Operations Team Assistant, is a perfect example of a good administrator and a well-organized manager. Her staff is friendly, helpful, and they often go out of their way to make sure everything is in working order. Kudos to May and the Plant Operations staff.

The **Security Team** is one group that is helpful, friendly, and so competent as they make their rounds during day and night. They are there not only for emergencies, but helpful in so many other matters that make life smooth, peaceful, and secure.

- Barbara Herbstman



Oak Hammock Organization Chart
 January 2021

- Mary Salvamoser



Employee Appreciation Fund 2021

Now is the time to contribute to the **Employee Appreciation Fund**. Please drop your check off in the fee slot to the right of the concierge desk **by 9:00 a.m. on November 15.**

Ed Poppell and Oak Hammock

As we approach the departure of our interim CEO, it is good to remember that his association with Oak Hammock goes back much further than these last few months. Back in the day, Ed served as a member of the Oak Hammock Board of Directors. Below is a picture of him, taken in 2009 as a Board Member, congratulating the winning jockey of the horse "OH My", Ray Goldwire. Ray was the jockey from the Building One, Fourth Floor team, who urged "OH My" to the finish line. Anne Goldwire, at right in the picture, cheered him on at every move. The occasion was the celebration of Oak Hammock's fifth anniversary with the run for the Wooden Roses along with bragging rights for the next year.



So you see, Ed Poppell really is Mr. Oak Hammock from his long association as a leader with our community.

- Joseph Gilkey

September has Labor Day
And we all want to stand up
and say
Pardon our prose
For these words that we
chose
Oak Hammock employees,
Hooray!

Hooray, Hooray, Hooray!
These are the words that we
say.
We want you to know
We appreciate you so.
- Barbara Herbstman

You Make the Difference Awards

The following employees received the "You Make the Difference Award." Details of their accomplishments are located on the board by the Oak Room. Congratulations!

Sheldon Clarke,
HP Line Cook
Teresita Perry
Housekeeping
Mary Salvamoser
Executive Assistant

Tony Lopiccolo

Tony Lopiccolo, our Director of Plant Operations, took a long and winding road to arrive at Senior Living in general and Oak Hammock in particular. For those of you who are new to Oak Hammock, Tony's responsibilities include maintenance, housekeeping, security, landscaping, and laundry, and he oversees all construction projects at Oak Hammock.

Tony started out in upstate New York, the youngest of seven children. After high school, he enlisted in the Army National Guard and attended community college. His company commander in the Guard told him about ROTC and scholarship opportunities for which he quickly applied. Accepted to both, he was able to attend and graduate from the college of his choice, LeMoyne, for his Bachelor's degree. When he graduated and became an officer he was assigned to Fort Sam Houston where he was able to transfer from the National Guard to active duty. During his more than twenty years in the Army, Tony served in Iraq, Honduras, Germany, as well as California, Georgia, Maryland, North Carolina, and at Walter Reed as well as the state of Washington where he met his wife. He attended City University in Bellevue, WA, and was awarded an MBA with a specialization in health care administration. During his army career, he served primarily in medical logistics and upon retirement from the Army worked for First Health of the Carolinas so is very familiar with many aspects of health care administration he has encountered at Oak Hammock. He is currently attending the Leading Age Leadership Academy.



In addition to having a very busy job at Oak Hammock, Tony has a wife who works for the Archdiocese along with one set of 16 year old twins still in high school in Venice, FL, another set of twins who are 21, one of whom just moved to the DC area, and a third set of twins who are 24 and in NC, one of whom will be getting married next year. When Tony has a spare minute, he enjoys reading. Last favorite book read is *Love is Free, Guac is Extra*.

Keep your eyes open for a weekend when Tony is the Manager on Duty when he will have a few minutes to chat and you can get to know him a little better.

- Karen Miller

Welcome New Neighbors

Donna and Martin Johnson

Donna Johnson was born in Dover, New Hampshire but moved to North Miami at an early age. She graduated from Norland High School and then attended the University of Florida where she majored in Information Technology and received a B.A. followed by an M.Ed. degree. She worked in the registrar's office at the university for thirty-five years.



Donna met Martin through the Alachua County Crisis Center. Donna was a volunteer and Martin was the volunteer coordinator. They first went on a date meant for her roommate. The roommate was ill and so Donna took her place. They became friends and got to know each other well. Donna noted that on one of their dates at the Florida Fair, she got sick and threw up all over his shoes after a spinning ride. Martin was very understanding. Martin remembers that Donna was willing to try his attempt at cooking okra and tomatoes. The rest, as they say, is history, and they have been married for forty-four years.

Donna is an active member of Altrusa and has been the President, District Governor, and International President of the organization. She is now a consultant for them. She enjoys travel and loves to bowl. She is in a bowling league and bowls once a week.

Martin was born in Cleveland, but moved around quite a bit as his father had a job with an oil company and was promoted a number of times. This caused the family to move and Martin graduated from Pompano Beach High School. He started out at Cornell University. Summers were spent on the oil rigs of Louisiana, and eventually Martin transferred to the University of Florida. He received a B.A. in Psychology and a B.S. in Computer Science. He worked for a while at the University of Florida library. He then went on to the Florida Center for Automation where he eventually digitized the libraries of all the state universities.

Martin has enjoyed duplicate bridge, square dancing, and has been a member of the League of Women Voters. He currently has a variety of interests, especially volunteerism. He went skydiving at the age of 70 and had a balloon ride over the Serengeti. Both Donna and Martin enjoy traveling and cruises.

Donna and Martin chose Oak Hammock because they wanted to live in an active community. They vis-

ited a few times and were most impressed by the "intellectually attractive people" they found here. They are looking forward to their next adventure and we are happy Oak Hammock will be part of it.

- Barbara Herbstman

Ed and Sharon Harmon

Ed and Sharon recently moved into the Outback at Oak Hammock, with their beautiful dog, Flash. They had lived in the Gainesville area for thirteen years, in Alachua, in their lovely home on five acres of property. They sold their home and moved to Oak Hammock to have fewer worries and begin the transition to the next phase of their lives.

Sharon is a nurse, retired in 2017, and has worked in all three hospitals in Gainesville, her latest positions in statistical analysis rather than patient care. She grew up in Pittsburgh, PA. She is the stepmom for their three children, and they have five grandchildren.



Ed grew up in New York City, in the Bronx, went to school there, and eventually to NYU Law School. Since 1971, he has practiced law with a specialization in mergers and acquisitions, and, after moving south, he taught at UF Law School. He continues with his law firm, is a member of the Board of Directors of several companies, and served on the board of the Urban League of Pittsburgh. Now he volunteers around town, is a political activist, and reads and writes a monthly column for the *Gainesville Sun*.

Sharon and Ed are very active in the Queen of Peace Catholic Church. They both enjoy travel and music, attend many concerts in the Phillips Center, and are great sports fans. Ed plays pickle ball here, and especially likes the game as the players have the perfect attitude and a welcoming spirit.

They both find the Oak Hammock staff gracious and patient, and are enjoying meeting new friends here. Welcome to Ed and Sharon and Flash!

- Bev Cone, content; Julie Ann Ariet, photo



The Oak Hammock Employee Scholarship Fund (OH I Can!) is now part of the UF Campaign for Charities (Gators Give). For more information, go to: ufcc.ufl.edu



Here at Oak Hammock, we have the Residents' Council and various committees to help us make decisions about what we need. For those big things that might affect us, we are fortunate to have FLiCRA. Our dues to FLiCRA help pay for Bennet Napier and his team in Tallahassee. We mostly hear about their work during the legislative session but they spend all year watching for any pending bills that could affect our lives and our pocket books. Think bed tax and taxes on our food that didn't happen and the Homestead Act that certainly did. Our FLiCRA team in Tallahassee watches out for all our interests. We hope that all of you will help, also.

- Mary Sanford

Bag Ladies

Nita Beckman, Ruth Brown, Roxane Bleiweis, and Betty Jacobson are the official Bag Ladies at Oak Hammock and have some very strong feelings about our environment. They are consistent about following through with their good intentions. Each carries a bag or box with containers for their take-out orders or leftovers from a meal in the dining room. These ladies prefer to use their own containers, avoiding the use of disposable containers provided by Oak Hammock. They each have a system to remember their bag—hang it on the door until it becomes a habit to carry it automatically. These are things they can do without leaving Gainesville to help our environment. These efforts also lower the expenses at Oak Hammock for disposable items.

They are also conscientious about their use of plastic bags and about water usage and the landfills. Carrying your own cup or glass when getting water in the Upper Commons or coffee at a meeting are other ways to help conserve. Peg Owens started that concept a long time back.

The Bag Ladies have been concerned about this for at least five years. The intensive efforts started when we were able to again pick up our meals after the dining room shut-down when food was delivered by our staff servers during Covid. They remind us that their own containers will fit in the top shelf of our dishwashers in our apartments if we do not want to wash them by hand.

They continue to be responsible in as many ways as possible, and set a great example for all of us. We had a good get-together to discuss these options, and hope to see many more Bag Ladies and Bag Men as time goes on at Oak Hammock!

- Bev Cone



Recyclables

For takeout containers, Chef Jon has committed to using those made with plant material instead of plastics, a petroleum based, a fossil fuel being phased out worldwide. As shown, there are two types: the soup containers from Sysco, which appear to be made of paper, with a lining to contain liquids; the "clamshell" hinged boxes from EcoProducts, made of sugar cane fiber (called "bagasse" in the industry), also lined to contain liquids.

At present, because of the lining, these are not recyclable or compostable in personal composting. They are industrially compostable but, as there is no such facility in our area, this is not a practical option. Work is ongoing to produce a lining for plant-based containers that can be put into backyard composting, and I expect in the near future this will become available. While this means that they go into the landfill, unlike plastics, when these decompose they do not leave behind petroleum remnants to pollute the groundwater.

Bottom line: ALL TAKEOUT CONTAINERS GO INTO THE TRASH BIN!

- Bruce Blackwell, content; Bonnie Umphreys, photos



The Bookends were back to perform songs by Elton John, John Denver, and more on a relaxing Sunday afternoon.

Both performers are in the medical field and find music a way to cope with the continuing pandemic stress in their daily lives. They will be back to share their music with us soon.

- Bev Cone

R U Good 2 Go?



About nine years ago, a group of dedicated residents led by Hutch Hutchinson developed a set of documents that any resident could complete if desired, describing his/her belongings, documents, plans, and hopes in the eventuality of disability or death. Sharing your work with your successors will be very useful to them if you are unable to communicate with them. Residents may find many useful hints whether or not they already have Advanced Directives prepared by an attorney and they may find useful suggestions about ways to talk to the family about these sensitive issues.

If you have not used or updated at least some of these documents (and no one needs them all), take some time to review them and complete or update

them as necessary. They are available at <https://infoh.us/good-to-go-documents/> and may be completed and saved on your computer or printed and completed by hand. If you do not have a computer, you may review a hardcopy of all the documents in the Resident Business Center. The receptionist can make copies of selected portions of the documents upon request.

You might want to begin by reading the Overview, then consider which of the seven parts are most appropriate for your needs. If you would like assistance with interpreting or selecting any portion, you may send an e-mail to ru.gud.to.go@gmail.com or telephone Linda Hansen, Chairperson of the Good-to-Go Group, at (352) 451-4665.

- Bill Castine

Art League at Oak Hammock

It must be fall and time for a fresh start in the Art League at Oak Hammock (ALAOH). The art studio has been thoroughly cleaned, sorted, and space made for new members to store their art materials. That was done just in time for Marilyn Gray's Calligraphy classes on Sept. 16, 23, 30 from 10 a.m. to 12 noon. There will be more classes, in different mediums, forthcoming as the year progresses. Please watch for future announcements. Marion Siegel's artworks will remain on display in the Art Studio for the month of September so please drop in and browse. Susan Bankston, Mary Sue Koeppel, and Marion, as a consultant, organized the art studio.

The Oak Hammock Gallery, under the directorship of Jane Polkowski Levy, will be opening the Gainesville Fine Arts Association Judged 2021 fall show on October 10. Deadline for applications to the show is September 13. Cost to enter is: GFAA Members \$30 and non-GFAA Members \$60. Applications can be placed in the yellow folder at the reception desk. Fifteen awards will be given to the chosen artists.

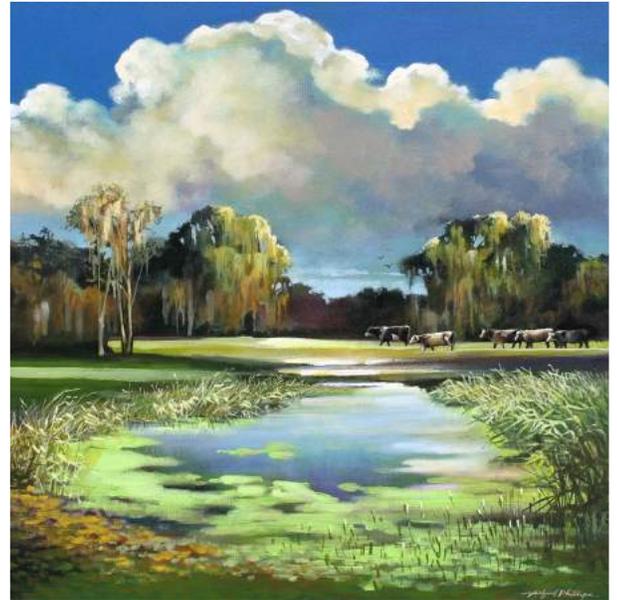
We are hoping to have a reception on Sunday, October 17, at 3-5 p.m. depending on COVID rules at the time. All attendees will have to be fully vaccinated and masked. We will announce these plans nearer to the date.

Midge Smith, Mini Gallery director, is delighted to announce that the artwork titled "The Cows Come Home" by artist Alfred Phillips, was awarded the Resident's Choice award. Look for a new show toward the end of September.

Interested artists and art lovers should mark their calendars to come to the Multipurpose room at 7 p.m. on the 3rd Tuesday of each month. Bring along 2 or 3 pieces of your own artworks. We gather to talk about each piece with the other attendees, and look forward to all the helpful suggestions offered. We also accept all the kind words, as artists need encouragement sometimes too! This an enjoyable way to share our ideas and thoughts with each other and have fun at the same time. Consider joining us.

The Art league, under the guidance of Susan Bankston, is presenting the film from the Masterpiece Collection, titled "Les Demoiselles of Avignon", on Tuesday, September 18, at 4 p.m. in the Oak Room. These little gems about particular artworks and their creators, lasts about one hour. It is the perfect afternoon delight before having a glass of wine and/or gourmet dinner in our Oak Hammock dining room.

- Marion Siegel



Buildings and Grounds

Committees and Residents to Contact

The Residents' Council's Buildings and Grounds Committee members meet regularly on the 2nd Thursday of each month at 10 a.m. in the Acorn Room. Along with Plant Operations staff, they address the concerns of all Oak Hammock residents. *These meetings are open to all residents.*

There are also four subcommittees that meet on an as-needed basis. The chairs of these subcommittees attend and report any subcommittee concerns at our regularly scheduled meetings.

In addition, we have certain people—listed below—to contact when there are concerns in a specific area. They are our eyes and ears on the ground and bring to our meetings ideas or suggestions regarding our buildings and landscaping that cannot be addressed in a work order for maintenance.

<u>Subcommittee</u>	<u>Chair</u>	<u>Meets</u>
Garden	Peg Owens	As needed
Greenhouse	Ron Schoenau	As needed
Interior Design	Nita Beckman	1 st Thursday as needed; in Acorn room
Stained Glass	Nancy Boyd	As needed

Other Buildings and Grounds Committee Member Residents' Contacts

<u>Area</u>	<u>Contact</u>	<u>Area</u>	<u>Contact</u>
Auxiliary Areas	Tallulah Brown	Houses and Villas	George Arola
Building One	Clyde Smith	Housekeeping	Donna Wagner
Building Two	Jeani Valter	Landscaping	Judy Plaut
Composting	Elisabeth Virnstein	Pets	Jim Wood
Exteriors	Janice Malkoff	Security	Richard Farwell

Chair of Buildings and Grounds Jan Lowenthal, jan@lowenthal.net

- Jan Lowenthal

Fun Time in Oak Hammock Margaritaville!

Walking into the "Big House" on August 30, my spirits lifted when I heard live music and laughter emanating from the Upper Commons! Could Jimmy Buffet be visiting? Had Oak Hammock been transported to Paradise?

Scurrying up the stairs, we found Brent Pope on guitar with acoustical equipment playing a medley of Buffet songs including "Cheeseburgers in Paradise." Residents were dancing and enjoying Margaritas served by

Community Hospice and Palliative Care in colorful plastic glasses. What a wonderful way to enjoy the end of the month and reminisce with friends!

Brent Pope, CEO, Ovation Home Care, and Charlene Stefanelli, Community Healthcare Relations Representative, hosted this fun event. Their mission is to promote elder quality of life.



- Carole Zegel

Birds at Oak Hammock

I watched (from my kitchen window) as one of these brds killed a small animal (think it was an armadillo based on the tail) at the edge where the trees are and over a short period of time up to 16 of these birds flew in to feast and "fight" over the food. Fascinating to watch. One less armadillo, perhaps. Are these vultures? (Tom Gire identifies these as black vultures.)

- Jane Levy



Acorns and Violets

“Mighty oaks from little acorns grow” is an often-quoted 14th century old English proverb. Perhaps the same could be said for African violets. Someone should have warned Vicki Mulhearn. Her mother loved plants and innocently passed on green genes to Vicki. And encouragement. Visiting a Jacksonville nursery, they were smitten with the bargain prices of African Violet plants—and couldn’t stop with just a few. Zero knowledge of caring for them mattered not. African violets are one of the world’s most popular houseplants, blooming several times a year. Who could resist the various fuzzy leaf forms and variety of blossom colors? If well cared for, they would live for decades! Vicki bought 40.

That innocent foray began fifty years ago and con-

tinued with each move and career that Vicki enjoyed. African violets mandate correct lighting, both natural and artificial. When selecting her Oak Hammock apartment in 2017, a major concern was the window placement. Twenty African violet plants would be changing zip codes, along with her.

Hollywood likes to say: *and they lived happily ever after*. ‘Cept the plant census kept (make that KEEPS) increasing. A discarded leaf gives life to a new plant. Vicki’s apartment has generations of plants growing—from a leaf in a tiny plastic cup, advanced plants on shelves of a light stand, and finally window ledges filled with large potted blooming African Violets (the oldest, twenty years). The adult plants are in specially designed pots, for weekly watering using inexpensive Miracle Gro in filtered water. This routine takes about four hours.

Vicki is happy to share her knowledge and love of African Violets. With the current plant census approaching 100, she will consider plant-adoption to happy homes. Just remember that old “acorns-to-oaks” proverb. You’ve been warned.

- Barbara Dockery



Waiting to Be Rescued

Weather conditions often affect personal decisions, both good and not so good. Hurricane Irma visited Florida in 2017. “Zoey the Cat” can chalk that up as a good storm. An elderly lady, no longer able to care for her cat, had delivered Zoey to the Alachua County Animal Shelter. Months went by. Nobody was interested in an old cat—especially one that cowered into a corner of her cage. With no razzle dazzle appeal, she looked even worse online. Except, to one man. And when they met face-to-face, Zoey had won his heart. That was 2017. Fast forward to 2021: Zoey lives on the second floor in Building 1 at Oak Hammock—with Bruce Blackwell. This well-behaved Tabby (who doesn’t claw furniture or jump up on tables) “corridor walks” and is welcomed into their neighbors’ apartments. Zoey has no sense of smell, so catnip is a waste of money. But attempts to capture a dancing laser beam ignites her agility. Just as humans have imperfections (really?), animals do also. A small, irritated area on her belly is being treated with ointment. She prefers to remove the medication, using her rough tongue. *Awwwww, that feels so much better*. And that is why Ms. Zoey currently wears a collared headpiece.

Tabby cats, like beautiful Zoey, generally have a 15- to 20-year life span, so our girl has plenty of time to keep enjoying life—Oak Hammock style.

- Barbara Dockery



Get Ready, Get Set to Go!

The Natural History Society is planning a wide variety of programs, field trips, and adventures in the area for 2021-22. There will be visits to gardens, springs, Santa Fe College Teaching Zoo, river tours, and bee keeping just to name a few.

Check out the Natural History Society’s newly updated display case (Lower Level, near postal area). It will provide the latest information on events. Sign up for field trips will be in the transportation book, as the adventures are announced. Everyone’s invited. Buzz by the display for updates – don’t be left Bee-hind!

- Barbara Dockery



Why We Support the Employee Appreciation Fund

Recently we accepted responsibilities to chair the Employee Appreciation Fund (EAF). Having only lived at Oak Hammock less than a year, we really didn't know how the EAF was administered, but we did know that we valued showing our appreciation to the Oak Hammock staff, and trusted that it was being administered in a fair and equitable way. Once we accepted the position from the very capable former Chair, Nancy Wood, we were given a VERY THICK folder of documents that chronicled the history of the Employee Appreciation Fund. Most importantly we found that there is a document entitled "Employee Appreciation Fund Governing Principles" which spells out which staff members qualify for fund disbursements, who administers these disbursements, and how funds are handled. Reading this document was very reassuring. If you would like a copy of this document, please let us know.

One question that we have been asked is, "How did you arrive at the suggested donation amount?" The suggested guidelines are: \$3-\$4 per day per resident, or \$100 per month, or 18% of the monthly fee. To be honest, we don't know how this was originally determined, but we decided to look at it from the following perspective. We receive many services from our staff, including dining, maintenance, security and health services. Our dining service alone is \$536/month for the two of us, or \$6,432 per year. If we just figure an 18% tip on that amount, it comes to \$1,158 per year for just the dining service. We personally have opted to have our contribution added to our monthly bill to express our gratitude for all the services we receive.

Regardless of what amount you choose to donate to the Employee Appreciation Fund, be assured that it is greatly appreciated. The EAF Reception will be November 17, 2021, in the Oak Room. It's a special event when employees receive their checks and residents can personally thank them for their exceptional service. Please save the date.

- Bill and Marcia Brant

Fall Means Football

It seems like an eternity from the end of the football season to its autumnal start, but now Gator fans are busy gathering up their orange and blue gear and practicing the words to *We Are the Boys* that is sung at the end of each third quarter. After the death of Tom Petty, football fans added *We Won't Back Down* to the end of *We Are the Boys*. They wave their i-phone flashlights and emphasize each significant word.

Mr.2-Bits passed away, but his memory lives on as Gator celebrities dress up in his signature pale yellow shirt, orange and blue tie, and khakis, and lead the fans in a sentimental "Two Bits/Four Bits" cheer. The cheerleaders are no longer relegated to the sidelines. They always manage to haul out the extremely simple and very old-fashioned "This side is the big orange/this side is the big blue" with the student side always being orange and the alum section always being blue.

This year's opening game was against Florida Atlantic at home, and the team traveled to Tampa to play South Florida. The meat of the program, the difficult SEC section of the season, comes next—a daunting schedule beginning with Alabama and then Tennessee. Of course, Georgia is salivating to get some revenge in the annual Halloween game held in Jacksonville, and we all recognize the fact that Florida State is hoping to salvage some dignity with a new coach and a seasoned quarterback.

Gators lost their star quarterback and Heisman finalist Kyle Trask as well as the highly recruited tight end Kyle Pitts, but everyone is optimistic to see what the new squad can accomplish. Buy a ticket, ride the shuttle to and from the stadium, and cheer on the orange and blue—you'll be the big blue!

- Beth Paul

Musical Sunday Afternoons

Sunday afternoons aren't just about football! Not since Margo Pettway and Tamar Hajian came up with a wonderful alternative: The Magical Music in the Movies Series. The series offers something for everyone, from Mozart to Gainesville's own Tom Petty. Using the magic of music in the movies is an enjoyable way to explore and celebrate original scores, Hollywood style biographies of favorite musicians, and documentaries. Adding Don McGlothlin's comments to the mix scores a sure six points on the scoreboard! Margo and Tamar share, "Don is the heart and soul of the presentations, setting the tone, providing context to films and their subjects. He carefully researches each film, the subject and the way in which fact and fiction are melded." Perfect coaching for a winning team.

Come cheer on the hometown music-lovers team this fall. Sunday afternoons at 2 p.m. in the Oak Room. The season promises to be a winner.

- Barbara Dockery

Welcome to the
Music in the Movies
film series

50 Years: A Salute to Film Composers

This film series will explore and celebrate the magic of movie music ranging from original scores, Hollywood style biographies of famous musicians, and movie musicals, to documentaries about well-known performers and composers.

Get Outside

This is a lovely gift to Oak Hammock from Meredith Rowe. It is located just down the boardwalk from our beautiful garden area. It is comfortable and is placed in a perfect spot—you can sit and relax, facing a big live oak tree, and listen to the birds chirping. And you will be in the shade, under the trees, hopefully enjoying a nice breeze! Thank you, Meredith.



- Bev Cone

Contributions: Benevolent Fund

(As of September 1)

Contributions to the Benevolent Fund totaled \$2,375 and were received in memory of Barbara Blood, Susan Wiltshire, Arline Finch, and June Smith.

- Jonathon Mann

Contributions: Employee Scholarship Fund

As of August 27, 2021, \$3,950.00 has been received In Memory of Kirk McDonald, Donald Koons, George Lewis, Warren Nelms, Peter McCall, Katherine and John Lowe, Walter and Katherine Flanders, Bunny Blood, Susan Wiltshire, and Satya Kalra.

An additional \$770.00 has been donated In Honor of Pat Liston and Janet Janke. These funds will be used to support Oak Hammock student employees who are furthering their education.

- Lori Fishel

Meredeths' Flowers for the Health Pavilion



-Janice Malkoff, photo

A Sandwich to Smile About

Oak Hammock has many things to brag about. Certainly, the dining menu is right up there, at the top! Many of the items offered daily—crab cakes, salmon, quiche, vegetarian, and vegan fare—are seen as “featured specials” at restaurants. The Oak Hammock menu does offer interesting choices. The Breakfast Selections is one category that’s often overlooked, especially the egg dishes. Not to be missed is the *Oak Hammock Breakfast Sandwich*, a choice of English muffin or bagel, 1 egg any style, American cheese, bacon, avocado, and arugula. It’s nutritious. It’s delicious. It’s reasonably priced at \$3.85, and available during dining hours.



Remember those “magic words” learned as a child? Please and Thank You? They help to ease the Oak Hammock dining staff’s day. For bonus points: Want a Smile? Give a Smile. And don’t forget the *Oak Hammock Breakfast Sandwich!* It’s definitely a sandwich to smile about.

- Barbara Dockery



Gene Ziegler diligently working at the giant community puzzle.
- Joe Gilkey

A Fourth Floor Surprise

Residents of the fourth floor of Building One were surprised to find a delightful birthday cake awaiting them at their monthly floor party. It was Marilyn Crosby’s 80th birthday and her husband, Don, was happy to cut the cake for us all. They told the story how they met at her 19th birthday and have been together ever since. The following day was their anniversary. No, they didn’t get married the day after they met, they waited a year. It was a great celebration, enjoyed by all.

- Barbara Herbstman



Oak Hammock by the Numbers, September 1

Independent Living

	Total	Sold	Available
Houses	57	57	0
Apartments	212	206	6

- Nickie Doria

Health Pavilion

	Total	Occupied	Available
Assisted	46	41	5
Memory*	24	7	4
Skilled**	73	58	15

* 12 units are set aside for quarantine

** fluctuates daily

- Mary Sabatella

School Supplies

Thank you, Oak Hammock residents, for donating school supplies for the students at Idylwild Elementary. They were sorted, put into 7 boxes, loaded into Janet Janke's car, and delivered to Idylwild, our neighborhood school, with wishes for a productive school year.

- Bev Cone, content;
Janet Janke, photo



Recycled Riches is now accepting jewelry donations for its upcoming Boutique.

Contact Joni Simon at 904-608-1894, via email at safetynetfi@aol.com or in cubby 4123 for more information.



Vintage 1931

They say that age is only a number. Being 90 spells 'celebrate'.

The Oak Room was the gathering spot for 18 Oak Hammock residents to party and re-live memories, accomplishments, and travels.

"As Time Goes By" was the theme for this event organized by June Girard. The entertainment featured a Dick Martin video production narrated by Ron Hoopes featuring each celebrant's contribution and several events throughout the decades. With sword in hand, Bob Petzold did the honors by cutting the cake. Ron and Lori Hoopes brought the evening to a close with a group sing-a-long.

- Bonnie Umphreys, content;
Dick Martin, photo

Note: Full-size reprints of the photo are available from Katherine at kosman@oakhammock.org



Editor: Patsy Nelms
Assistant Editor: Janet Axe
Proofreader: Bill Castine

Oak Leaf Committee

Janet Bostrom, Bill Castine, Kathryn Clark, Cynthia Clements, Bev Cone, Barbara Dockery, Jan Havre, Barbara Herbstman, Beth Paul, Jack Polk, Bonnie Umphreys,

Additional Contributors (This Issue)

Bruce Blackwell, Bill and Marcia Brant, Nickie Doria, Lori Fishel, Joe Gilkey, Jane Levy, Jan Lowenthal, Jonathon Mann, Karen Miller, Mary Sabatella, Mary Salvamoser, Mary Sanford, Marion Siegel, Carole Zegel

Photographers (This Issue)

Julie Ann Ariet, Kathryn Clark, Bev Cone, Barbara Dockery, Joe Gilkey, Barbara Herbstman, Janet Janke, Jane Levy, Janice Malkoff, Dick Martin, Patsy Nelms, Rod Owens, Margarete Ruth, Bonnie Umphreys, Jeani Valter, Susan Young

Additional Proofreaders

Beth Paul, Martha Rader

Graphics

Katherine Osman, Layout

Assisted Living Courtyard Redesign

A huge crane is needed to complete the Assisted Living remodeling project currently underway.

- Margarete Ruth



American Flag Protocol

There are lots of curious folks living at Oak Hammock (surprise, surprise!). Luckily, there are people to supply the answers to questions that those folks ask. Think about the flag poles at Oak Hammock. The American flag has been lowered to half-staff frequently the past few months. The old ‘who, what, why, when, where’ adage used by reporters needed an authority. Anthony J. Lopiccio, Jr., Director of Plan Operations, was the man, saying, “I am signed up to an official website called American Flagpole and Flag Co. I receive a message every time the President of the United States issues a directive/proclamation to fly the American flag at half-staff. I forward the message to security, the CEO and the Residents’ Council President for visibility in case they are asked.” The proper action is carried out by security. Oak Hammock proudly displays the flag with the proper protocol.

At left is our flag flown at half-staff in honor of the Fallen in Afghanistan.

- Barbara Dockery, content; Jeani Valter, photo



2021 Residents’ Council

President	Martha Rader
Vice President	Norm Cooney
Secretary	Barbara Francis

The Council meets at 10:00 a.m. on the second Friday of each month via Zoom.

Committee	Meeting Time	Chairperson
Active Lifestyle	1st Monday, 11:00 AM, in the Acorn Room	Keith Berg
Master Planning	2nd Wednesday, 3:15 PM	Doug Merrey
Buildings and Grounds,	1st Thursday, 10:00 AM	Jan Lowenthal
Communications and Marketing	4th Friday, 1:30 PM	Mary Kilgour
Community and University Partnerships	1st Friday, 10:00 AM, Acorn	Michael Plaut
Dining and Nutritional Services	1st Friday, 10:00 AM, Oak or MPR	Bruce Blackwell
Finance & Cost-Effective Management	3rd Thursday, 1:30 PM	Al O’Neill
Health & Well-being	1st Thursday, 3:30 PM	Henri Logan
Technology & Services Innovation	3rd Friday, 10:00 AM	Bill Zegel
Assisted Living Representative		Jim Piety

**Committees are meeting via Zoom or live (location as noted).
 Check the calendar or with the Committee Chairs for more information.**

